



KEEPING PACE



The Official Newsletter of The Robins Pacers

August/September 2004

<http://robinspacers.org>

Warner Robins, GA

Message from newsletter editor:

Those of you who have been around a while with the Robins Pacers know that we used to send out a monthly newsletter. However, with pressures of my full-time job (the one that pays the mortgage), it became a bit much to do monthly. So we went to one every other month. Well, even that became too much and they stopped all together.

We've had a lot of new members join since we started offering membership with no dues, so I decided to give one more stab at putting out some sort of newsletter. I'll do my best to make the time.

So I apologize to the "old" Pacers for the interruption in service and hope the "new" Pacers will find this newsletter (and hopefully ones to come) informative.

Caryl Deems
Robins Pacers

Upcoming Races



*August 21st - 2004 Jim Herrin Memorial Stampede 5K/10K; Centerville; David Erpelding; 478-328-3208 (Application enclosed)

Sept 6th - Macon Labor Day 5K/10K; Macon; Steve Corkery; 478-477-4571 (Application enclosed)

Sept 25th - Plains Peanut Festival 5K; Plains; Jan Williams; 229-924-4011

*Oct 2nd - Fall Line 5K; Gordon; Art Silsby; 478-628-2406 (Application enclosed)

Oct 2nd - Big Pig Jig; Vienna; 229-268-8278/8275

For more races, please visit our website at www.robinspacers.org

*Robins Pacer assisted races

Welcome to new Pacer Members!

Cordell & Phyllis Fox
Jim Hurst
Spencer Johnson
Sarah Judy
Michael Miller
Pamela Montelepre
David Oldenhouse
Kimberly Richey
Elizabeth Schroeder
Dan Shrage
Heather Whitaker
Peggy & Michael "Fonzy" Wells

Jim Herrin Memorial Stampede

The Jim Herrin Memorial Stampede 5K/10K is one of the races the Robins Pacers put on each year. It is a scholarship race which will be held August 21st in Centerville. Over the years, we have provided up to \$1000 each to a male and a female Houston County high school senior who has participated with running related activities during their high school years.

This year the scholarship winners are Nicholas Shelton from Westfield School and Lisa Sweat from Perry High School.

We encourage all Pacers to participate with this race. You can help the day before with package stuffing and/or the morning of with pre-registration and still run the race. Additional details will follow by e-mail.

If you're interested in daily runs in the Warner Robins area, contact me by e-mail at ling1@alltel.net and I'll pass the information along.

Happy Birthday to You!!!

July 7 th	Mike Deems
July 11 th	Dustin Huebner
July 11 th	Merideth Tillman
July 19 th	David Erpelding
July 31 st	Pruett Burge
Sept 18 th	Richard Taylor



Pacer Trash Pickup

The Pacers still have the one mile stretch of road on Russell Parkway that is ours to keep free of trash. Our next scheduled trash pickup will be September 18th. We'll probably meet at 6 AM and get a run in and then pick up trash at 7 AM. Marv will provide the bags and gloves. More details to come by way of e-mail.

Next Pacer Meeting

Our next meeting will be held on Tuesday, August 3rd at 7:00 PM at the Houston Health Pavilion on Watson Blvd. Take the entrance that faces Watson Blvd. We'll be in the classroom to the left.

If you have any news you would like included in the newsletter, please contact Caryl at 956-2534 or e-mail:

ling1@alltel.net