



# KEEPING PACE



The Official Newsletter of The Robins Pacers

November/December 2001

<http://robinspacers.org>

Warner Robins, GA

## Pacers at the Races

### Macon's Labor Day 5K Sept 3<sup>rd</sup>

Ross Freitag	29:16
Wendy Howell	32:05
Linda Whitaker	33:18

### Labor Day 10K

Mitchell Sinyard	39:02 (3 <sup>rd</sup> Masters; 18 <sup>th</sup> Overall)
Mort Haddix	40:23 (1 <sup>st</sup> AG; 22 <sup>nd</sup> Overall)
David Erpelding	41:50
Todd Howell	46:35
Carl Perazzola	51:19
Trent Miller	52:38
Al Freitag	52:46
Joe Reott	53:58
Caryl Deems	56:08
Sue Beighley	57:34
Nancy Rosenberg	59:52
Steve Rosenberg	1:01:40

### Lions Club Run for Sight 5K, Dublin Sept 29<sup>th</sup>

Mike Deems	29:17
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### Run for Sight 12K

Mitchell Sinyard	48:05 (7 <sup>th</sup> Overall; 1 <sup>st</sup> AG)
Marv Champion	1:04:13
Caryl Deems	1:04:59 (3 <sup>rd</sup> AG)

### Gordon 5K Run Oct 6<sup>th</sup>

Marv Champion	24:23
Caryl Deems	25:44 (1 <sup>st</sup> AG)

### Peachtree City Classic 15K Oct 13<sup>th</sup>

Caryl Deems	1:29:52
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### Hog Jog 5K, Vienna Oct 20<sup>th</sup>

Trent Miller	23:56
Sue Crenshaw	25:07 (1 <sup>st</sup> AG)
Caryl Deems	25:45 (1 <sup>st</sup> AG)
Tom Dawson	28:17

## Upcoming Races

Nov 12<sup>th</sup> - Veterans Day Race - Museum of Aviation

Nov 13<sup>th</sup> - Deer Dash 5K; Monticello; 706-468-8994

Nov 17<sup>th</sup> - Deputy Will Robinson Memorial 5K; Milledgeville; 478-445-2695

Nov 22<sup>nd</sup> - Atlanta Marathon and Half Marathon

Dec 1<sup>st</sup> - Reindeer Run and Santa Stroll; Macon - Medical Center of Central Georgia; 478-633-RUNN.

### 2001 Run & See GA Grand Prix Standings

Gail McUmbler	13 <sup>th</sup> place	female 45-49
Jose Valencia	4 <sup>th</sup> place	male 20-24
Mitch Sinyard	2 <sup>nd</sup> place	male 40-44
Marv Champion	9 <sup>th</sup> place	male 50-54

\*Taken from GA Runner magazine - October 2001

# Happy Birthday to You!!!

## November

9<sup>th</sup> Nancy Rosenberg  
15<sup>th</sup> Thomas Davis  
18<sup>th</sup> Andrea Haddix

## December

3<sup>rd</sup> Janice Westmoreland  
3<sup>rd</sup> Glen McCardle  
10<sup>th</sup> Michael Radcliff  
11<sup>th</sup> Craig Crenshaw

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## Next Pacer Meeting

Our next meeting will be held on Tuesday, November 6<sup>th</sup> at 7:00 PM at the Houston Health Pavilion on Watson Blvd.

We will be discussing the Veterans Day race scheduled for Nov 12<sup>th</sup> and the Museum of Aviation races scheduled for Jan 19<sup>th</sup>. The Pacers are involved with both of these events. We need your help in this planning stage. Please come join us at the meeting.

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## Saying goodbye to two of our own....

It is with much regret that we will have to say goodbye to Glen and Annette McCardle, who will be moving to Florida in December. They have both been great friends and invaluable to the club. Below is a note from Glen:

“My report date to Eglin AFB, Florida is the 2nd of December. We are aggressively working on the house to put it on the market. Annette is aggressively scouring the Internet for a house in Florida. We plan to take a house hunting trip next week. Annette has a lot of people trying to get her a position at Eglin AFB. I consider her prospects of a job to be excellent. A lot of her co-workers are going to hate to see her go.

The downside of a move is that we will leave a lot of friends, and in Annette's case, family, behind. The good part of that, of course, is that the friends and family don't go away, they just aren't close by. And, we will make new friends, find a new running club, different shopping malls (for Annette), a new concert band (for me). And if I am not mistaken, the prettiest beach in the whole U.S. of A. I certainly have enjoyed my experience with the Pacers--Motto: *We're not just a group of runners, we are a running group!* The last few years have been more like a running family to me. When Annette and I get our new house (that requires no work I hope!!) I intend to get my mileage back up to where it should be. We will be back up here on occasion to see family, so hopefully we will be able to run with you guys then. I'll be in touch via E-mail.”

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## Christmas Social

Our social will be held at Steve and Nancy Rosenberg's home on Friday, December 14<sup>th</sup>. More details will follow in the next few weeks. Please mark this date on your calendar.

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If you have any news you would like included in the newsletter, please contact me at 956-2534 or e-mail me at [Caryl\\_Deems@pap.state.ga.us](mailto:Caryl_Deems@pap.state.ga.us)