



KEEPING PACE



The Official Newsletter of The Robins Pacers

May/June 2001

<http://robinspacers.org>

Warner Robins, GA

If you didn't receive a newsletter last month - don't blame it on e-mail or snail mail. Blame it on me (Caryl) Things have gotten very busy here at my *real* job, and I can't seem to find the time to get the newsletter out each month. So I've made an executive decision to send them out every other month. Hope this is okay with everyone. See ya at the races!!!

Pacers at the Races

Run For Missions 5K 03-03-01

Mitch Sinyard 19:41 1st Mas
Marv Champion 25:16
Caryl Deems 27:29

Forsythia Festival 5K Forsyth, GA 03-10-01

Marv Champion 24:13 3rd AG

Leprechaun 5K Road Race Dublin, GA 03-17-01

Mitch Sinyard 19:10 1st OV

Leprechaun 10K

Michael Deems Jr 42:17 1st AG
Marv Champion 54:29
Caryl Deems 58:00

Fire Ant Festival 5K Ashburn, GA 03-24-01

Marv Champion 24:34

Cooper River 10K Bridge Run 04-07-01

Glen McCardle 1:02:14
Annette McCardle 1:02:13
Charlene Earles 1:12:27
Linda Whitaker 1:14:01
Johnny Westmoreland
Janice Westmoreland 1:05
(Started early)

Dogwood Festival 5K Perry, GA 04-07-01

Jose Valencia 19:01 1st AG
Mitch Sinyard & son 19:42 1st AG
Teresa Sowell 23:18 1st AG
Marv Champion 25:34

GEICO 5K 04-07-01

Joe Reott 24:48

GEICO Duathlon

Caryl Deems 2:03:48

Nearly Famous 8K Ellaville, GA 04-14-01

Mitch Sinyard & son 31:52 2nd Mas
Marv Champion 41:00

Upcoming Races

May 12th - Run Americus 5K; Jim Fallon; 912-924-9018/924-3155

May 12th - Run the Reynolds 5K (P.M. run); Mike Posey; 478-847-3508

May 28th - Hepzibah Triathlon. Lake Tobesofkee

June 2nd - 10K Torture Trail; Eatonton; Medina Crowe; 706-485-9941/485-7986

June 2nd - Houston County YMCA - World's Largest 5K Run; 922-2566 or <http://www.ymca.net>

June 9th - Peach Festival 5K; Ft. Valley; Charlene Earles; 912-825-4002

Aug 18th - Jim Herrin Memorial Stampede 5K/10K; Charlene Earles; 912-923-4116

Sept 3rd - Macon Labor Day 5K/10K; Macon Tracks Club

Sept 15th - Buggython 5K/10K; Barnesville; Joyce Hutchison; 770-358-3866

Sept 22nd - Plains Peanut 5K; Jan Williams; 229-824-5445/824-5393

Next trash pick-up is May 5th.
Details to follow by e-mail.

Reach the Beach Relay

We received the following message at our website earlier in the month:

I wanted to make your club aware of a great team event on the 28th and 29th of September, The Reach the Beach Relay. It is a 200-mile running relay race consisting of teams of up to 12 runners. The event benefits the NH State Parks and other NH community organizations. This event is unique on the East Coast (there are similar relays on the west coast) and is great fun for both competitive and non-competitive teams alike. Please check out our site and spread the word to your club members via email or your newsletter.

We would appreciate any help you can give us in building up a great event. See the previous years comments and feedback on our web-site. It is one of the best running experiences you will ever have. Thanks!

www.rtbrelay.com Mike Dionne

According to Marv, there is a \$600 registration fee per team (12 members max @ \$50 each member) It's limited to the first 200 teams. Each runner runs three legs for a total of about 16.67 miles in a 33-hour period (if you have 12 members)

Therefore, the team average would have to be slightly less than 10 minutes per mile for the entire 200-mile race in order to come in under the 33-hour deadline.

Something to think about for later this year!!!

Please send any news you would like included in the newsletter (race results, new babies, etc) to: **Caryl_Deems@pap.state.ga.us** or call me at 956-2534 (home in Byron) 785-1176 (work in Macon)

*Next Pacer meeting will be May 1st at 7 PM at the Houston Health Pavilion.
See ya there!!!*

Relay for Life

Thanks to the members of the Relay team who helped to collect \$\$\$ last Saturday morning for the Cancer Society. We collected \$1,540.50! We'll discuss the Relay at our next Pacer meeting. We need to decide if we want to cook at our campsite as well as any other last minute details.

May Birthdays

6th Sue Crenshaw
19th Gary Kretsinger
19th Mary Alice Smoot
24th Richard Jordan

June Birthdays

6th Roger Crenshaw
7th Kenzie Crenshaw
9th Tom Dawson
10th Elaine Westberry
11th Trent Miller
14th Raul Paniagua

14th Christy Howard
17th Alice Smoot
20th Caryl Deems
22nd John Hunter
24th Mark Radcliff
26th Carson Peyatt
29th Annette McCardle