



KEEPING PACE



The Official Newsletter of The Robins Pacers

April 2000

<http://pacers.rvx.net>

Warner Robins, GA

Pacers at the Races!

Racquet/Ball Fitness 5K San Antonio, TX March 4th

Nancy Rosenberg 28:00 1st AG

Run for Missions 5K, Macon March 4th

Mitch Sinyard 19:15 1st AG
Marvin Champion 23:50 2nd AG
Caryl Deems 27:10 2nd AG
Linda Whitaker 29:43 1st AG

Leprechaun 5K, Dublin March 18th

Mitch Sinyard 19:01 3rd OV
Alice Smoot 19:14 1st Mas
Marvin Champion 23:36 3rd AG

Leprechaun 10K

Caryl Deems 57:07
Stephanie Johnson

Cherry Blossom 5K, Macon March 19th

Mitch Sinyard 18:38 1st AG
Marvin Champion 23:59 3rd AG
Sue Crenshaw 24:49 1st Mas

Upcoming Races

Apr 1st - Dogwood 5K - Perry -
Mary Jane Kinnas (912) 988-1626

Apr 1st - GEICO Biathlon/5K Road
Race - Gary Musolf (912) 477-8208

Apr 8th - "Nearly Famous" Ellaville
8K - Tommy Barnes (912) 937-
2763

Apr 15th - Macon Symphony Orch
Allegro 8K - Melinda Coker (404)
927-2274

May 13th - Run Americus 5K - Fred
Richmond (912) 931-2495

June 3rd - 10K Torture Trail -
Eatonton (706) 485-9941

June 10th - GA Peach Festival 5K -
Ft. Valley; 1-87-PEACHES-1

August 19th - Jim Herrin Memorial
Stampede 5K/10K - Warner
Robins, (912) 923-4116



April Birthdays!!!

Johnny Westmoreland 7th
Marv Champion 16th
Charlene Earles 28th

Please e-mail
Caryl_Deems@pap.state.ga.us
or call 956-2534 (home) or 785-
1176 (work) with any race results
or other information you would
like published in the newsletter!

Run & See GA Grand Prix - 2000

Stephanie Johnson 8th AG
Stephanie Kaigler 13th AG
Gail McUmbert 22ⁿ
AG
Bill Stuart 17th AG
Mitch Sinyard 6th AG
Joe Howard 6th AG

**Listings as of March 1st. Does not
include Tybee races. Information taken
from March 2000 issue Georgia Runner
Magazine.

*Next Pacer meeting will be
Tuesday, April 4th at 7 pm at the
Houston Health Pavilion at the
corner of Watson Blvd and
Houston Road.*

Cancer Society's Relay for Life

The Cancer Society's Relay for Life is scheduled for May 19-20. The schedule is as follows:

Beginning Friday evening

6:30 - 7:30 pm	Steve Rosenberg
7:30 - 8:30 pm	Alice Smoot
8:30 - 9:30 pm	No runners/luminary lighting
9:30 - 10:30 pm	Joe Howard
10:30 - 11:00 pm	Janice Westmoreland
11:00 - midnight	Mike Brown
Midnight - 1:00 am	Marv Champion
1:00 - 2:00 am	Johnny Westmoreland
2:00 - 3:00 am	Caryl Deems
3:00 - 4:00 am	Mike Deems
4:00 - 4:30 am	Caryl Deems
4:30 - 5:30 am	Glen McCardle
5:30 - 6:00 am	Janice Westmoreland
6:00 - 7:00 am	Charlene Earles
7:00 - 8:00 am	Annette Swartz
8:00 - 9:00 am	John Hunter
9:00 - 10:00 am	Nancy Rosenberg
10:00 - 10:30 am	Mike Deems
10:30 - 11:30 am	Albert Freitag

Remember we are collecting money at the corners of Russell/Kimberly and Watson/ Houston Rd on April 8th from 9 am until 1 pm. You are welcome to come help, even if you can't participate in the Relay. Just meet us in the parking lot of the Houston Health Pavilion at 8:30 am on the 8th and we'll put you to work.

Also, if you plan to ask any cancer survivors to participate in the Survivors Walk at the beginning of the Relay, I need to know their name and t-shirt size (Youth med; Adult small, med, lg, XL, XXL, XXXL) by April 7th.

If you have sold, or plan to sell, any of the signs for the Life Line of Hope, they need to be in by May 1st. Remember, these are the signs sold to businesses or individuals (minimum \$100 each) which reflect that they have donated to the Cancer Society. They get to display the sign until just before the Relay. Then we will hang them at the Relay site, hoping to make one continuous line around the track!



Happy Easter!!!

April 23rd